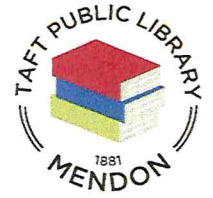




Join Beginning Bridges CFCE and  
Taft Public Library to

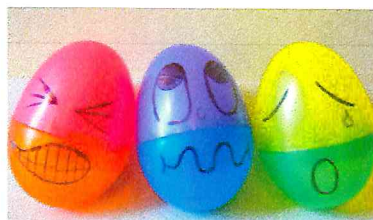
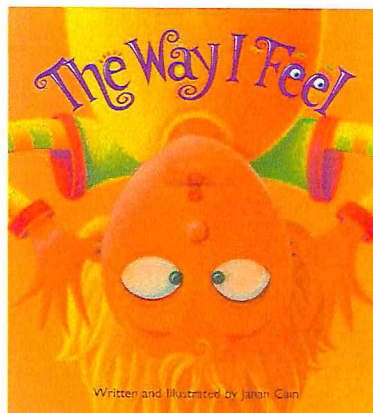


# Explore!

## Social Emotional Development

Wednesdays, 10/4 & 10/11 at 10:30 to 11:30 am  
at the Taft Public Library  
29 North Ave in Mendon

Playtime spent examining different emotions is a wonderful investment in your child's social emotional development. Children are better able to understand and label feelings if provided opportunities to talk about them casually without an emotional exchange. Explore what creates certain feelings and how to cope with them should your child encounter the situation again. With loving guidance, children with a healthy sense of their emotions and those of others will make great progress towards self-regulation during the preschool years. But don't tell your child they are learning.....They just think they are having FUN!



**We will be  
exploring:  
Feelings &  
Sharing**

**For children  
2 to 5**

**Registration is required and space is limited.**

Contact Emily at 508-278-5110 or [Emurray@smoc.org](mailto:Emurray@smoc.org) or  
Tara at 508-473-3259 or [taftkids@mendonma.gov](mailto:taftkids@mendonma.gov)



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